



Indulgence
MASSAGE MENU

dulini

DULINI MOYA • DULINI LEADWOOD • DULINI RIVER
Sabi Sand Nature Reserve - South Africa

reservations@dulini.com | www.dulini.com | Tel: +27 (0)11 792 4927

The selection of lavish treatments is designed to enhance your experience of the African Bush by heightening your senses through massage. Our team of masseurs utilizes a bespoke range of Charlotte Rhys products, created from oils and extracts unique to our African setting.

All products used are in line with international trends and our green policy of environmental responsibility and use the purest ingredients and formulations that do not cause harm to animals, insects or the planet. Charlotte Rhys products are free of petrochemicals, parabens, SLEGS, PEGS, and artificial colorants.

Each Indulgence is offered in your choice between three aromatherapy massage oils: energising, relaxing and detoxifying; or a non-fragrant avocado oil.

energising

Designed to relieve stress and lift the spirits; a combination of Marula oil, traditionally used for its healing properties, sweet orange, grapefruit oils and rose geranium are worked into the muscles to balance the nervous system and nourish, soften and revitalize the skin.

relaxing

A blend of Kalahari melon seed oil, sandalwood and frankincense oils form the heart of this creation - which draws on the soothing properties of the oils. Sandalwood is known to promote harmony, while frankincense deepens your breathing and calms the mind.

detoxifying

An infusion of the spicy warm fragrance of Black Pepper with the fresh woody scent of Juniper Berry - black pepper to increase circulation and stimulate the kidney and urinary system, aiding detoxification. Juniper Berry helping the body to drain accumulated toxins with an uplifting fragrance good for mental fatigue. Baobab Oil improves blood circulation, while moisturising and promoting healthy skin.

MIRI [mi-ri]

The Full Body Aromatherapy Indulgence

Tantalizing your senses in the tradition of Swedish Massage; targeting weary muscles and souls. The treatment is offered in your choice of Charlotte Rhys Aromatherapy Oil and in a non-fragrant, hypoallergenic Avocado Oil.

60 min R850

90 min R1100

NHAMU [n-ha-mu]

The Focused Body Aromatherapy Indulgence

Intense focus on the neck, shoulders and back, using the classic Swedish Massage technique. The scalp may be included in this indulgence on request. The treatment is offered in your choice of Charlotte Rhys Aromatherapy Oil and in a non-fragrant, hypoallergenic Avocado Oil.

45 min R750

60 min R900

NENGE [n-en-ge]

The African Foot Ritual

A Hand & Foot Indulgence in the tradition of local African hospitality. The treatment includes a lavish foot and hand soak, a gentle scrub and nourishing polish, reviving the dermis and the senses.

45 min R550

health
IMPILLO [m-pi-lo]

energy
HATLISA [hat-li-sa]

balance
SIMA [si-ma]